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ABSTRACT

Provided is a download system capable of appropriately spreading loads on a server and on a transmission path, and further enhancing convenience in download of data. A reservation candidate acquirer 14 of communication terminal 10 acquires from a software managing server 30 reservation candidate information containing time information about time zones as candidates to which a reservation for download of an update file can be allocated. At the communication terminal 10 a user selects a reserved time zone from the time zones corresponding to the time information included in the reservation candidate information, and the software managing server 30 registers the reservation in the reserved time zone. Since the reserved time zone can be selected from the candidate time zones transmitted by the software managing server 30 in this manner, the system becomes more convenient. Since the candidate time zones are determined based on a reservation table set so as to spread loads on the software managing server 30 and on the transmission path, it is feasible to appropriately spread the loads on the software managing server 30 and on the transmission path.